



Live here
Live well.

JULY 2026

Sunday

Monday


Tuesday

Wednesday

Thursday

Friday

Saturday

-  Resident Led
-  Team Led
-  Vendor Led

All underlined activities require sign up

LOCATION OF ACTIVITIES

4th floor Exercise Room
CR-Community Room
GYM- 2ND FLOOR

MR-2ND FLOOR
MEDIA ROOM

10:00am-4th floor 1
Balls, Bands, Balance
12:00pm-Pop-Up-Lunch
EGG HARBOR CAFE
4:00pm-CR
National Ice Cream Day & Games
5:00pm-4th floor-YOGA
7:00pm-MR-LIFE MATTERS

2
10:00am-GYM
You-tube-Tai Chi
1:00pm-4th floor
SENIORCISE PLAY PRACTICE
5:30pm-Billard Room
Game of Pool
5:30pm-4th floor 6:30pm-CR
Line Dancing Game Night

3
8:30am-MR
Morning Devotions w/Amelia
10:00am-4th floor
Balls, Bands, Balance
5:00pm-Patio/CR
RED, WHITE & BLUE
POTLUCK CELEBRATION

4

OFFICE CLOSED

5
Games, Pool,
Social time with
friends & Neighbors

6
10:00am-4th floor
Balls, Bands, Balance
1:00pm-CR
Book Club Meeting
2:00pm-GYM
Chair Aerobics You-Tube
3:00pm-CR 5:00pm-GYM
RUMMIKUB ZUMBA
5:00pm-4th floor-YOGA

7
10:00am-3:00pm-MR
Relax w/Lisa Massage
11:30am-POOL
AQUA AEROBICS
1:00pm-MR
MATINEE MOVIE
3:00pm-CR 6:30pm-CR
Early Game Day Game Night

8
10:00am-4th floor
Balls, Bands, Balance
12:00pm-Pop-Up-Lunch
CRAFT BURGER
4:00pm-CR
COOKIES
5:00pm-4th floor-YOGA

9
10:00am-GYM
You-tube-Tai Chi
1:00pm-4th floor
SENIORCISE PLAY PRACTICE
1:00pm-MR
Meditation w/Cheryl G
5:30pm-Billard Room
Game of Pool
5:30pm-4th floor 6:30pm-CR
Line Dancing Game Night

10
8:30am-MR
Morning Devotions w/Amelia
1:00pm-CR
Lunch/Learn w/
MASA
10:00am-4th floor
Balls, Bands, Balance
6:00pm-MR
MOVIE/POPCORN

11
5:00pm-BAR/PATIO
BEER'S & BUDDIES

12
Games, Pool,
Social time with
friends & Neighbors

13
10:00am-4th floor
Balls, Bands, Balance
2:00pm-GYM
Chair Aerobics You-Tube
3:00pm-CR 5:00pm-GYM
RUMMIKUB ZUMBA
5:00pm-4th floor-YOGA

14
11:30am-POOL
AQUA AEROBICS
2:00pm-PATIO
CORN HOLE/POPSICLES
3:00pm-CR 6:30pm-CR
Early Game Day Game Night
7:00pm-MR
BIBLE STUDY

15
12:00pm-Pop-Up-Lunch
RED GINGER
5:30pm-CR
SOCIAL HOUR
5:00pm-4th floor-YOGA

16
10:00am-GYM
You-tube-Tai Chi
1:00pm-4th floor
SENIORCISE PLAY PRACTICE
4:30pm-CR
Bingo/Snacks W/
Thrivent Financial
5:30pm-4th floor 6:30pm-CR
Line Dancing Game Night

17
8:30am-MR
Morning Devotions w/Amelia
10:00am-4th floor
Balls, Bands, Balance
5:00pm-CR
\$\$BINGO\$\$
6:00pm-MR
MOVIE/POPCORN

18
1:00pm-CR
Fall & Safety Prevention
w/Maria/Snacks
Provided

19
Games, Pool,
Social time with
friends & Neighbors

20
10:00am-4th floor
Balls, Bands, Balance
2:00pm-GYM
Chair Aerobics You-Tube
3:00pm-CR 5:00pm-GYM
RUMMIKUB ZUMBA
5:00pm-4th floor-YOGA

21
10:00am-3:00pm-MR
Relax w/Lisa Massage
11:30am-POOL
AQUA AEROBICS
3:00pm-CR 6:30pm-CR
Early Game Day Game Night

22
10:00am-4th floor
Balls, Bands, Balance
12:00pm-Pop-Up-Lunch
laHaceinda
4:00pm-CR
COOKIES/GAMES
5:00pm-4th floor-YOGA
6:30pm-MR
In The Word w/Amelia

23
1:00pm-4th floor
SENIORCISE PLAY PRACTICE
1:00pm-MR
Meditation w/Cheryl G
3:00pm-CR
Lunch & Learn w/
Comfort Keepers
5:30pm-4th floor 6:30pm-CR
Line Dancing Game Night

24
8:30am-MR
Morning Devotions w/Amelia
10:00am-4th floor
Balls, Bands, Balance
6:00pm-MR
MOVIE/POPCORN

25
4:00pm-6:00pm-CR
Taste of Summer
Bash

26

3:00pm-CR
JULY BIRTHDAY
CELEBRATION

27
10:00am-4th floor
Balls, Bands, Balance
2:00pm-GYM
Chair Aerobics You-Tube
3:00pm-CR 5:00pm-GYM
RUMMIKUB ZUMBA
5:00pm-4th floor-YOGA

28
11:30am-POOL
AQUA AEROBICS
3:00pm-CR 6:30pm-CR
Early Game Day Game Night
7:00pm-MR
BIBLE STUDY

29
10:00am-4th floor
Balls, Bands, Balance
12:00pm-Pop-Up-Lunch
CARABBAS
5:30pm-CR
SOCIAL HOUR
5:00pm-4th floor-YOGA

30
1:00pm-4th floor
SENIORCISE PLAY PRACTICE
5:30pm-4th floor 6:30pm-CR
Line Dancing Game Night

31
8:30am-MR
Morning Devotions
w/Amelia
10:00am-4th floor
Balls, Bands, Balance
6:00pm-MR
MOVIE/POPCORN



RED, WHITE, & BLUE CELEBRATION

250

POTLUCK CELEBRATION
FRIDAY JULY 3, 2026
5:00PM-6:00PM

Happy
Independence
Day!

TASTE OF
SUMMER

Bash

SATURDAY
JULY 25, 2026
4:00PM-6:00PM

RED, WHITE, & BLUE CELEBRATION FRIDAY JULY 3RD 5:00PM-6:00PM

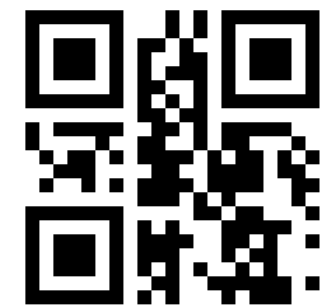
Join us as we celebrate Independence Day with good friends, neighbors, and family and patriotic fun! Please bring your favorite dish to share, wear your red, white and blue and come ready for an afternoon of food, laughter and celebration.

Taste of Summer Bash Saturday July 25th 4:00pm- 6:00pm

You're invited to a Taste of Summer Bash!! Join us for an afternoon of sunshine, great food, refreshing drinks, and summer fun. Come celebrate the season with friends, grilled favorites, music and good company.

Live here
Live well.

See our
lifestyle
for yourself!



GREYSTAR™



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